

Emergency Preparedness Supplies Checklist

While The University of North Texas prepares for and responds to emergencies, it is important for everyone to plan for their individual safety. Each person knows best what he or she may need in the event of an emergency. Individuals are encouraged to develop a personal plan. To assist the members of the university community the Office of Emergency Management has created the checklist to help prepare each individual for a period of 72-hours.

First Aid Supplies

- Adhesive bandages, various sizes
- Sterile dressing and pads, various sizes
- Conforming roller gauze bandage
- Triangular bandages
- Roll cohesive bandage
- Hand sanitizer
- Non-latex gloves
- Adhesive tape, 2 " width
- Antibacterial ointment
- Cold pack
- Scissors and tweezers
- Safety pins
- Cotton balls
- Sunscreen
- First aid manual

Non-Prescription and Prescription Med-Kit

- Aspirin and non-aspirin pain reliever
- Anti-diarrhea medication
- Antacid
- Prescriptions/medications
- Extra eyeglasses/contact lenses

Sanitation and Hygiene Supplies

- Washcloth and small towel
- Soap
- Toothpaste, toothbrush, shampoo
- Deodorant
- Lip balm, insect repellent
- Plastic garbage bags, small/large
- Feminine supplies
- Toilet paper

Documents and Keys

- Personal ID (Driver's License/Passport)
- Cash
- Extra set of home and vehicle keys
- Insurance papers, immunization records
- Emergency contact list
- Map

Clothes and Bedding Supplies

- Clothing (3-day supply)
- Sturdy shoes or boots
- Rain gear, hat, sunglasses
- Blankets/sleeping bags and pillows

Equipment and Tools

- Portable, battery powered radio or windup/NOAA Weather Radio
- Flashlight (wind-up or battery powered)
- Waterproof matches or in waterproof container
- Manual can opener
- Paper cups, plates, and plastic utensils
- Duct tape, whistle, work gloves
- Paper, pens, and pencils
- Needles and thread
- Battery-operated travel alarm clock
- Re-sealable plastic bags
- Batteries
- Dusk Mask

Food and Water

- Water (three-day supply of one gallon per person per day)
- Ready-to-eat meats, fruits, and vegetables
- Canned or boxed juice and soup
- High-energy foods (peanut butter, low sodium crackers, granola bars & trail mix)
- Special dietary needs
- Cookies, hard candy, cereals and powdered milk

Locations

- Home: Keep this kit in a designated place and have it ready in case you have to leave your home quickly.
- Work: Be prepared to shelter at work for at least 24 hours.
- Vehicle: In case you are stranded, keep a kit of emergency supplies in your car



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