The goal of continuity planning is to reduce or eliminate the impact of a disruption to your daily life. **What is a disruption?** A disruption is any event that inhibits your ability to perform necessary tasks. Some examples of disruptions include the COVID-19 pandemic and the February 2021 Winter Storm. Disruptions may occur on a smaller scale as well, such as a localized flood, construction, equipment malfunction, or a flu outbreak amongst your friends. **Continuity planning can help reduce or eliminate the impacts of these disruptions and ensure you are prepared for any scenario you may encounter.**

This checklist provides a series of actions you can take now (as a student) to help ensure continuity, regardless of the incident.

- Update your contact information at my.unt.edu to ensure you will receive Eagle Alert notifications.
- Ensure you are receiving all emails sent to your student email address.
- Create an on-campus emergency plan, notating the nearest shelters, exits, evacuation assembly areas, AEDs, and other emergency equipment to your classrooms, labs, and other frequented locations on campus. A template is available at [emergency.unt.edu](http://emergency.unt.edu).
- Keep both a hardcopy and digital copy of all your courses’ syllabi, including your instructors’ contact information.
- Make sure all your coursework is backed-up on a secure, cloud-based system, in case of a computer crash. Make sure documents you may need during an Internet outage would still be accessible.
- Keep your phone, laptop, and other devices charged at all times so you have ability to use them during an outage.
- Take photos of valuables and important documents; keep photos on a secure, cloud-based drive that can be accessed in an emergency.
- Keep a well-stocked emergency supply kit on-hand that includes non-perishable foods, water, critical documents, and anything else you may need during a major disruption.